

HOLY ESTROGEN!

Lesson 8

Lesson 1 – Flourish!

Ephesians 2:10

Psalms 92: 12 – 15

Lesson 2 – The devil wants you weary, worried and lonely.

II Samuel 17: 1 & 2

Lesson 3 – Others bring out the best in you ... or the worst in you!

Matthew 5: 43 – 48

Lesson 4 – Anger

Ephesians 4: 26 & 27

Lesson 5 – The blahs ...

Psalms 118:24

Lesson 6 – The Difference between disappointment and a broken heart –

Lesson 7 – Giving the devil your address –

James 3: 14 – 16

Lesson 8 – The Bottom Line ... and the High Call!

Selfishness –

“Do nothing from selfishness or empty conceit, but with humility of mind regard one another as more important than yourselves, do not merely

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look out for your own personal interests, but also for the interests of others.” – Philippians 2: 3&4

What do you get to do from selfishness?

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Jesus doesn't want you to be abused ...
He just wants you to be unselfish!

“Have this attitude in yourselves which was also in Christ Jesus, who, although He existed in the form of God, did not regard equality with God a thing to be grasped, but emptied Himself, taking the form of a bond-servant and being made in the likeness of men, being found in appearance as a man, He humbled Himself by becoming obedient to the point of death, even death on a cross.” – Philippians 2:5 – 8

“But realize this, that in the last days difficult times will come, for men will be lovers of self, lovers of money, boastful, arrogant ...” – II timothy 3: 1 & 2a

“He who has found his life will lose it and he who has lost his life for My sake will find it.” – Matthew 10:39

The High Call!

- 1 – Serve others
- 2 – Practice being a generous giver!
- 3 – Give love to your spouse and family every day
- 4 – Memorize Philippians 2:3 – 4
- 5 – Be a people-helper
- 6 – Practice being kind